



Autonomy: Strengthening Your Ability to Work Independently



Overview/ Description:

If organizations are to continue to be flexible and innovative to meet the challenges of the future, employees will need to not only be responsible for their own actions and decisions, but will also need to have the ability to work independently. This session looks at the skills necessary to develop autonomy and the characteristics of individuals who demonstrate autonomy.

Workshop Objectives:

By the end of this workshop, you will:

- Understand the difference between accountability and autonomy
- Know the characteristics of people who demonstrate autonomy
- Recognize the impact autonomy has on work satisfaction
- Have reflected and evaluated how you make decisions



TARGET AUDIENCE:

ANYONE WANTING TO LEARN HOW AUTONOMY IMPACTS SUCCESS AT WORK



EXPECTED DURATION:

45-60 MINUTES

Life is challenging.
We can *help.*

