



Becoming a Better Listener

Workshop Objectives:

At the end of this workshop, you will be able to:

Describe what it means to be a good listener

- Differentiate between “listening” and “hearing”
- Describe the characteristics of people who listen effectively

Describe the barriers to effective listening

- Describe how to identify when you have encountered one of the barriers
- Identify ways to overcome listening barriers

Identify the four levels of listening

- Describe what it means to be a non-listener
- Describe what it means to be a marginal listener
- Describe what it means to be an evaluative listener
- Describe what it means to be an active listener



TARGET AUDIENCE:

ANYONE WHO WANTS TO IMPROVE THEIR LISTENING SKILLS BOTH AT HOME AND AT WORK



EXPECTED DURATION:

45-60 MINUTES



Overview/Description:

Statistics show that people remember only half of what they hear, even moments after they’ve heard it. Surprising? The fact is that while most of us like to think we’re good listeners, almost everyone needs to improve their listening skills. This workshop offers a fresh approach to this common problem.



24/7

LIVE ASSISTANCE

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