



Bringing Out the Best in Others



Overview/Description:

Whether in your personal or your professional life, are you the kind of person that brings out the best in others? Do people shine around you, or do they tend to withdraw, hesitant to show their best? Some people seem to have a knack for challenging, motivating and inspiring their friends, family members and co-workers. In this workshop, you'll learn how to do your part to make sure others are at their best around you.

Workshop Objectives:

At the end of this workshop, you will be able to:

Describe what motivates people

- Identify the factors that influence peoples' motivation level

Identify how your attitude can be contagious

- Describe how to exhibit the type of positive thinking that can inspire others
- Describe how to avoid negative talk which can bring others down

Describe how to provide others with effective feedback that makes a difference

- Identify when it is/is not appropriate to give feedback
- Describe the type of phrasing that tends to have the biggest impact



TARGET AUDIENCE:

ANYONE LOOKING FOR TIPS ABOUT HOW TO SUPPORT AND ENCOURAGE FRIENDS, FAMILY MEMBERS AND COLLEAGUES



EXPECTED DURATION:

45-60 MINUTES