



Creating Psychological Safety in the Workplace



Overview/Description:

Psychological safety is the belief that it's OK to take interpersonal risks without fear of undue consequences. In a psychologically safe environment, people are more likely to speak up when they see their team or organization heading down the wrong path. They're more likely to brainstorm and experiment in ways that help teams innovate, and they're less likely to go along with risky behaviors that create an unsafe workplace. Psychological safety allows a person to be themselves, which strengthens morale, sense of belonging, and employee retention. In this session, we'll discuss how leaders can foster a psychologically safe environment, and explore why people may feel psychologically unsafe.

Workshop Objectives:

This training will help you:

- Define the elements of psychological safety and why it is so important in the workplace
- Assess how psychologically safe (or unsafe) your team or organization is today
- Describe tangible actions you can take to foster a psychologically safe environment



TARGET AUDIENCE:

LEADERS THAT WANT EMPLOYEES WHO TAKE APPROPRIATE RISKS, SPEAK UP WHEN IT'S CALLED FOR, AND CONTRIBUTE TO POSITIVE WORKPLACE MORALE



EXPECTED DURATION:

45–60 MINUTES

