



Difficult Conversations During Times of Unrest



Overview/Description:

Millions of people have read about and watched footage from recent tragic events. It's normal for these events to generate strong feelings that can carry over to conversations at home and in the workplace. Conversations about polarizing issues can be tense or even destructive, but avoiding such conversations is not always a good solution. For children, especially, events like these can shape their belief systems. It's important for adults to pay attention to the way they respond to children during these times. In this webinar, we discuss ways to have healthy discussions about polarizing topics without damaging your important relationships. We'll also discuss productive ways to talk about the events with children.

Agenda:

How to Discuss Polarizing Issues Without Hurting Your Relationships:

- Benefits of discussing polarizing topics
- Clarifying your intent
- Separating the issue from the person
- Using the "3 P's" to find common ground

What to Say to Children:

- Shaping core beliefs
- Putting threats in perspective
- Limiting exposure without hiding from the subject



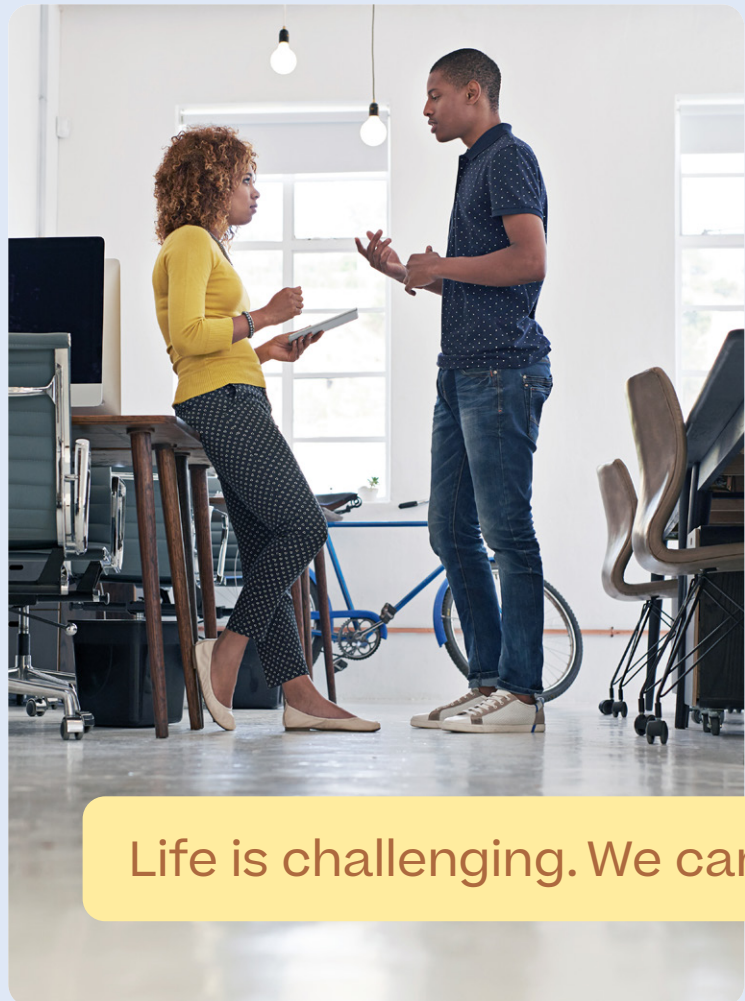
TARGET AUDIENCE:

PEOPLE WHO ARE TRYING TO HAVE HELPFUL CONVERSATIONS WITH CHILDREN, CO-WORKERS AND OTHERS THEY CARE ABOUT DURING TIMES OF UNREST



EXPECTED DURATION:

45-60 MINUTES



Life is challenging. We can help.