



Getting the Most Out of Your Health Benefits (Webinar)



Overview/ Description:

The simple answer is all about educating yourself on what your health plan offers. Do not wait until we get sick or injured before understand your benefits provided. Investing time in understanding the options of your plan is investing money in family. It is up to you to take advantage of all your plans have to offer. The main function is to keep you healthy and to avoid all catastrophic risk.



Workshop Objectives:

At the end of this workshop, you will be able to:

Define “understanding”

- Know the valuable options and incentives
- Get the most out of your money
- Know how to potentially lower your costs over the long term
- Understanding the difference between in-network and out-of-network providers

Describe steps to increase your understanding, including:

- Evaluate the plan best for you
- Stay educated
- Visit your website to know all the benefits
- Stay smart and stay healthy



TARGET AUDIENCE:

ANYONE INTERESTED IN
EDUCATING THEMSELVES
ON WHAT THEIR HEALTH
PLAN OFFERS



EXPECTED DURATION:

45-60 MINUTES