



Leading with Authenticity



Overview/Description:

Authentic leaders are great leaders — are you one? Regardless of who you are or who you lead authenticity is vital to cultivating work environments that are safe and supportive. Employees are seeking leaders who are ethical, firm in their beliefs and true to themselves. This training will examine the components of authentic leadership: self-awareness, internalized moral perspective, balanced processing, and relational transparency. By understanding these components every leader can discover their personal strengths and weaknesses so that they can better serve and support their employees in their personal and professional development.



Workshop Objectives:

This training will help you:

- Embrace balanced processing by learning how to avoid impulsive decision making
- Practice relational transparency by communicating clearly and consistently to set and maintain boundaries
- Strengthen your internalized moral perspective by understanding the importance of compassion and people centered leadership
- Develop self-awareness by identifying how your passion and purpose can carry you through times of negativity, conflict and challenge



TARGET AUDIENCE:

LEADERS ASPIRING TO GROW THEIR LEADERSHIP TOOL BELT AND FOSTER A POSITIVE WORKPLACE CULTURE



EXPECTED DURATION:

45-60 MINUTES